



# District of Columbia Psychological Association

---

(512) 788-0207 fax (800) 784-9034  
www.dpa.onefireplace.com

November 2016

Dear DCPA Member,

It has been another eventful and productive year for the District of Columbia Psychological Association. With vital and continuing support from you, our valued members, our membership has continued to grow, currently another 10% over last year. The Center for Learning and Professional Development (CLPD) offered 10 high-quality CE workshops, and there were many new initiatives dedicated to training, advocacy, and outreach efforts. Opportunities for networking and engagement with the DC psychological community abounded with regular social events, monthly Book Club meetings, and study groups. We could not do it all without you. You have our most sincere and deepest thanks!

*It is once again time to invite you to renew your annual membership in DCPA for 2017. You may renew via mail, fax, or on our secure website at <http://dpa.onefireplace.com/Membership>. Renew (or join for the first time) before January 1, 2017 and receive a 25% discount on your Regular or Affiliate Membership.*

DCPA is now recognized by the APA as a fully approved sponsor of Continuing Education Programs that meet the requirements of the DC Board of Psychology for CE credit, applicable to DC licensure and renewal. In addition, social workers can now receive NASW-approved CE credit for selected programs.

Last May, DCPA partnered with APA in co-sponsoring the Mid-Atlantic Regional Healthcare Summit on Alternative Practice Models and Integrated Care. The CE-credited Summit featured presentations by leaders from various segments of the health care industry on innovative ways to structure clinical practices and collaborate with payers, hospitals, and medical practices to provide integrated health care.

## COMMITTEES

*The Professional Development and Oversight Committee* under the auspices of the CLPD provided ten high-quality workshops in 2016. Topics included diversity, with workshops on Immigrants, LGBTQ, and Conscious Travel. The PDOC also produced workshops on Ethics, Supervision, use of the MMPI and Rorschach, Sexuality, Acceptance and Commitment Therapy, and Complex Trauma. We were pleased to have a number of nationally known presenters in their fields. We look forward to 2017 for another year of providing workshops of interest and usefulness to our membership.

*The DCPA's Diversity and Cultural Competency Committee (DCCC)* looks forward to its second year! In our first year of existence, the DCCC marked a number of achievements including position statements on public issues of diversity; the introduction of a monthly Continuing Education newsletter; the

www.dpa.onefireplace.com



# District of Columbia Psychological Association

(512) 788-0207 fax (800) 784-9034

[www.dpa.onefireplace.com](http://www.dpa.onefireplace.com)

coordination of DCPA Diversity CE events, opening the door to direct Diversity Division membership, the establishment of a diversity-related topics page, but most importantly, building bridges for diversity discussions within our community.

In the coming year, here is what we have planned as per the feedback we received from our members:

- 1. What happens around this country matters to all of us as psychologists interested in diversity.** The DCCC will continue to respond to events that affect diversity issues, similar to last year's open letters to our community.
- 2. Ease of access to, and information about, diversity CEs, is a major deliverable of the DCCC to the DCPA membership.** The DCCC will continue to provide a newsletter to our community regarding upcoming Diversity and Cultural Competency professional education events in the area; and, the DCPA will continue to provide Diversity CEs.
- 3. Expanding the DCPA's membership base, and enriching its Diversity, provides a net benefit to the whole community.** The DCCC will continue to reach out to the community to expand membership.
- 4. Providing networking events for DCPA members interested in Diversity and Cultural Competency issues enables the community to take advantage of the inherent expertise and knowledge within our membership.** The DCCC will host one, or possibly a series, of 'brunch talks' designed to allow members to share their thoughts on diversity issues in a networking environment.
- 5. Support to our Members is a critical task.** The DCCC has begun to provide support groups to those affected by the current political and social climate and in need of a healing and protective community. The groups are open to the public and aimed at anyone experiencing anxiety and stress related to discrimination, prejudice, racism, sexism, or nativism. See the DCPA website for more information: [www.dpa.onefireplace.com](http://www.dpa.onefireplace.com).

The dynamic *Ethics/Social Justice Committee* provides ethical consultation, promotes social justice, and also provides professional development and continuing education. The *Life Enhancement Committee* seeks to promote personal and professional well-being through Colleague Assistance Groups, and programs focused on heightened awareness, emotional regulation, and stress reduction, all presented within a healing and non-judgmental community.

*The Psychologically Healthy Workplace Committee* educates businesses and the community on the features and benefits of cultures of well being in the workplace. It recognizes through awards those institutions that are most supportive of employee health and well being. The *Committee for the Advancement of Scientific Psychology* seeks to advance the integration of psychological research and

[www.dpa.onefireplace.com](http://www.dpa.onefireplace.com)



## District of Columbia Psychological Association

---

(512) 788-0207 fax (800) 784-9034

[www.dpa.onefireplace.com](http://www.dpa.onefireplace.com)

psychological practice, across academic, clinical, and public-sector psychology, by presenting workshops and educational opportunities, and by disseminating the findings of relevant research.

Our very active *Student Committee* is dedicated to enhancing the professional development of graduate students by providing opportunities for leadership, networking, mentorship, training, research, and advocacy. Access to useful resources regarding internships and post-docs, and research and scholarship opportunities is included. The committee maintains a DCPA Student LinkedIn page, a Student Resource page on the DCPA website, and a Student Listserv. This year saw the Second Annual Student Research Grant Award. Students are offered opportunities to be mentored by DCPA members who are experienced practitioners.

Through targeted ongoing training, resources, and networking *the Early Career Psychologists Committee* aims to enhance the professional and personal experience of those psychologists who are within 10 years of their doctoral degrees.

### ADVOCACY

This past year has seen the continuation of critical developments for the profession of psychology, both nationally and locally, and your DCPA has been there, representing District psychologists and making your voice heard via public letters, surveys, listservs, and representation to local and national organizations that impact our profession.. Ongoing follow-up to the Hoffman Report into the forthcoming year is now being planned for our Membership and for future recommendations to APA.

On other fronts, DCPA has been active in establishing a liaison with the DC Board of Psychology to stay abreast of regulatory developments, and has provided consultation to the DC City Council on proposed bills affecting our profession and those whom we serve. DCPA was asked by City Council to comment on the proposed Death with Dignity Act, a bill regarding assisted-suicide for terminally ill patients. DCPA representatives have attended city council meetings and made recommendations on provisions of this bill.

DCPA is continuing to coordinate with APA to assist in investigating and advocating for the removal of barriers to access to psychological services for DC Medicaid recipients.

The DC Psychological Association is becoming an ever more vital and visible organization, dedicated to advancing and protecting the profession of psychology in DC. We are indebted to the many members of our Association who have given of their time and talents to bring about these achievements and services. We depend upon *your* participation and support (and your dues!) to maintain these services and to continue to offer these Members-Only Benefits:

[www.dpa.onefireplace.com](http://www.dpa.onefireplace.com)



## District of Columbia Psychological Association

---

(512) 788-0207 fax (800) 784-9034

[www.dpa.onefireplace.com](http://www.dpa.onefireplace.com)

- Discounts on already-reasonably-priced CE workshops
- A FREE listing in the online DCPA Referral Directory
- A quarterly newsletter containing updates, events, articles, and classified ads
- Twice-weekly “Eclips”: brief summaries of timely articles and current research findings sent to your Inbox
- Our Members-Only LISTSERV for our members to communicate with one another, discuss, and exchange ideas and information.
- Still one of the cheapest annual dues of any state, provincial, or territorial Psychological Association!

**Renew now, BEFORE January 1, 2017, and receive the Early-Bird Rate, a discount off your annual dues!**

We are pleased to provide these benefits to our members. But perhaps the most important reason to renew your membership is to continue to have a voice that promotes the best interests of psychology and mental health, and embraces the values and beliefs within our field that best enhance the collective well-being of our community.

Linda P. Smith, PhD  
Vice-President for Membership  
District of Columbia Psychological Association