

Dear DCPA Psychologists,

It is time to renew your DCPA membership for 2018. We want to start out with sharing some good news with you. The DCPA Board of Directors, at their December meeting, elected to lower dues for 2018! Starting in January, 2018 regular members dues will be \$150/year and if you renew by January 15th, your dues will only be \$125!! Please take advantage of this incredible savings by renewing your membership today!

[To renew today, please click here!](#)

This past year DCPA continued to offer many events and opportunities for our membership. Below is an overview of things we accomplished this year.

DCPA Achievements in 2017

Awards

- DCPA was awarded a grant by the American Psychological Association (APA) that will help fund the effort to get psychologists reimbursed for Medicaid
- Dr. Giselle Hass, DCPA board member and Federal Advocate, was elected Member of the APA Committee for the Advancement of Professional Practice
- Dr. Stephen Bowles, DCPA member, elected as the APA Council Representative as well as President Elect of Military Psychology
- DCPA Student Grant Research Award: First Place: Lindsey Swartz, Second Place: Ana Sierra
- Candidate for the Early Career Psychologist Committee award

Federal Advocacy, Legislative

- DCPA's priority has been to collaborate with APA PO efforts to work with policymakers to enact and implement health care reform that fully integrates psychological services into primary care, prevention and benefits packages.
- DCPA has continued the advocacy for legislative solutions for the independent practice of psychologists under Medicaid.
- DCPA collaborated with APA to conduct the APA-PO Summit on Innovative Practice Models.

Community Outreach:

- RAINN 5k walk for Sexual Assault Prevention. We raised over \$600
- Free support groups - DCPA has been engaged in the provision of support groups that provide a healing environment designed to promote safety, understanding, anxiety reduction, and unity for:
 - Mental health professionals
 - General public
 - Journalists (2018)

Professional Development:

- Relevant CEs that include diversity and ethics licensing requirements
- Listserv – job opportunities, news updates, local events, etc.
- Mentorship program
- Free online referral directory service
- Mock Interviews for doctoral students applying for internship
- Research grants for graduate students
- Skill development programs:

- An integrated approach to Mind/Body principles and techniques to improve clinical practice for students and ECP
- Psychotherapy integration program for advanced clinicians

Communications

- Quarterly Newsletter
- DCPA is now on Instagram & Twitter: @DCPsychAssoc
- Survey of Members to tailor opportunities and programming for members

2017 Networking/Social events:

3/2017 – Annual Membership cocktail party at APA

6/22/2017 – Sudhouse on U street

7/28/2017— Ellington club room

12/8/2017 – Holiday party

DCPA workshops for 2017:

- *December 8th - Holiday Party 5:00pm to 8:00pm*
- *November 18th – Mocktails and Mock Interviews*
- *November 17th – Beyond Compliance: The New Ethical Environment*
- *October 27th – Affirmative Therapy with LGBTQ Clients*
- *October 20th – Mediation: A Valuable Skill for Mental Health Professionals*
- *October 20th – The Truth about Public Speaking: An Essential Skill for Clinicians*
- *September 29th – Transcranial Magnetic Stimulation*
- *September 15th – What Would Gandhi Do?*
- *July 28th – DCPA Summer Social*
- *June 23rd – DCPA Networking Social*
- *June 16th – Mindful Self Compassion*
- *May 12th – Rethinking Sexual Addiction*
- *April 28th – East-West and In Between*
- *April 27th – April Book Club*
- *March 24th – Annual Membership Cocktail Reception*
- *March 23rd – March Book Club*
- *February 23rd – February Book Club*
- *January 26th – January Book Club*

Future initiatives for 2018:

- DCPA is in the process of collaboration and implementation of joint programs of mutual interest and benefit with:
 - The national association of Social Work, Metro DC chapter
 - APA Division 19 Military Psych
- Community Outreach
 - Racing for Rose 5k, supporting people with intellectual and developmental disabilities, mental health challenges and other social barriers to lead self-determined lives and reach their full potential, 4/19/2018
 - RAINN 5k -- 5/2018, Sponsoring and walking it again!
 - Sponsoring the Suicide Prevention 5k - 10/2018
- The Center for Learning and Professional Development plans to provide programs designed to facilitate the professional development of mental health practitioners as follows:

- An integrated approach to Mind/Body principles and techniques to improve clinical practice for students and ECP
- Psychotherapy integration program for advanced clinicians
- Colleague assistance and support group for journalist and interested members of the media